



First Presbyterian
Church on the Square
OCTOBER 2023 GRAPEVINE

October 1, 2023

Dear FPC Members & Friends,

Recently I came across an engaging article suggesting that simple pauses during important daily activities can improve effectiveness and help achieve important goals.

In his 2009 book “The Checklist Manifesto,” surgeon and author Atul Gawande describes how three short pauses during the surgery process reduce harmful medical errors. He calls them “pause points.”

Dr. Gawande documents how brief pauses 1) before anesthesia is administered; 2) before the incision is made; and 3) before leaving the operating room can slow the pace of procedures and result in better outcomes. Each pause point takes no more than sixty seconds. During the pauses, the surgery team uses lists to make crucial checks, such as verifying the patient’s identity before beginning the procedure and, before ending the surgery, confirming that all the needles and sponges are accounted for.

Gawande’s research reported significant results for the eight hospitals that tested his “pause points” during surgery procedures. The rate of major complications for patients decreased by 36 percent and deaths fell by 47 percent. As a result, it is now common for many hospitals to include “pause points” for surgical procedures and patient care.

In our individual lives, and in our teamwork as the Church On The Square, FPC members have many opportunities every day to use “pause points.” Pause points can slow down the tempo of our daily activities, allow us to reflect on what we have done so far, and invite the Triune God to provide a “light for our feet and a lamp for our path” for the rest of the day. (Psalm 119:105)

When we take sixty seconds to offer a brief prayer, a moment to think about a familiar Bible passage, or remember the verse of a favorite hymn, we invite the Holy Spirit to help us do our best to love, serve, and worship in Christ’s name each day.

Blessings, Pastor Karl

“... those who wait for the Lord shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.”
(Isaiah 40:31)

ANNOUNCEMENTS!

- All submissions for Grapevine and the monthly calendar should be sent by email (fpcathens@fpcathens.org) or by phone (256-232-0122) by the 20th of the month.
- Directories are now available in the church office!
- Office hours are Monday - Thursday from 9am - 1pm.



PRESBYTERIAN WOMEN

**Mark you Calendar
October 3 @ 1:00pm
In Rogers Center
Happy PM Circle
All Women are invited.**

**Hostesses: Joyce Counter and
Sharon Hand**

**Program presented by
Joyce Counter**

Devotional by Sharon Hand



ABUNDANT
Grace
ABUNDANT
Giving

First Presbyterian Church on the Square

Your generous gifts of money, time and dedication to this church ensure that we can successfully fulfill God's calling of us.

While you are prayerfully considering your giving for 2024, please take a moment to think about all the things our church does toward the continuation of God's work. Please continue to pray for the ministries we share through this congregation.

As we make our way toward Commitment Sunday, October 22nd, the 2024 Stewardship estimate of giving cards will be distributed the week of October 8th. Again, please prayerfully consider how you might share your talents and blessings and be a part of God's calling. We will present our personal giving commitments during worship on Commitment Sunday, October 22nd, as we celebrate our faith to the one who gives us so much.

**Finance Committee Chairs,
Sharon Hand and Gary Boyd**



ABUNDANT GRACE



ABUNDANT GIVING



Worship Notes for October

October is a solid green month, liturgically speaking. Green is for Ordinary Time and October 1 will be the 18th Sunday after Pentecost.

Special music notes:

Sunday, October 1 - Amy McAnally, violinist, will play.

Sunday, October 22 - Jenny Maclay, clarinetist, will play.

Sunday, October 29 - Tyler Byford, pianist, will play.

These three musicians feel like family and we look forward to having them worship with us.

JANUARY

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AUGUST

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OCTOBER

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DECEMBER

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PRAYER REQUESTS

CHURCH FAMILY

Doris Welch (Home)	Bonnie Chambers (Home)
Dean Steele	Suzanne Weeks (Healing)
Susie Fogg (Home)	Stephen Toney (Home)
Sharon Massey	Ruth Martin (Healing)
Rene Brown (Traditions)	Jac Catlett
Melvin & Ruth Clem (Health)	Doug Booth (Health)
Debbi O'Neill (Healing)	

THOSE SERVING IN THE MILITARY


Brandon Noel - Army	Sean Miller - Army
Adam Naves - Marines	Damien Williams - Army
Michael Ress - USAF -AZ	Joshua Hargrove - Deployed
Jay Tulley- Middle East	Justin Ruf- Army Air Guard
Kevin O'Neill-Army Res.-Poland	

FAMILY AND FRIENDS

Bob Defour (Doyle & Suzanne Weeks son-in-law)
Brent Harris (Friend of Chris Hilgeman)
Melvin Norwood (Health, Tashia Baugher's Father)
Sue Guyer (Health & Healing, Bonny Noel's sister)
Gerry & Denzil Smith (Healing) cousin of Jan Ruth)
Alex Noel (Nephew of John & Bonny Noel)
John Townsend (Health, Doug Harbin's Brother in Law)
Bill Grisham (Health, Pam Gregg's dad)
Hazel Ruf (Mason Ruf's mother, home)
Gary Kilgo (Health, Kay Baugher & Carol Quillen's family member)
Macie Garrett (Healing, Christy Arnett's Niece)
Karen Ferguson (Potter's Hand)
Sherry Thompson (Healing, sister of Christy Arnett)
Keith Clem (Healing, cousin of Chris Paysinger)
Johnathon Garrett, (Healing, great nephew of Christy Arnett)
Amy and John May (Healing, wife of Jan Ruth's grandson)
Jim May (Healing, son of Jane Ruth)
Amy Cotten (Potter's Hand)
John Cotten (Healing, Potter's Hand)
Telula Thornton (Healing and Comfort, mother of Karan Baker)
Maggie Ruth Naves (Healing, great granddaughter of Hazel White)
Finley McAllister (Healing, sibling of Jennifer Quillen's student)
Kate Proffitt (mother) Karson Proffitt (baby) (health and healing,
great grandchild of Karla Barnes and great niece of Gayle Cottles)
The Tilley Family (loss of home and loved one)

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 WORLD COMMUNION SUNDAY 9AM SUNDAY SCHOOL 9:30 FELLOWSHIP 10AM WORSHIP	2	5 PW Circle Rodgers Center 1:00 PM	1 9:00-1:00 PM The Potters Hand Pottery Studio	5	6 OFFICE CLOSED	7
8 9AM SUNDAY SCHOOL 9:30 FELLOWSHIP 10AM WORSHIP	9	10 Mission Shower Day Stated Session Meeting 6:00 pm Revival	11 9:00-1:00 PM The Potters Hand Pottery Studio	12	15 OFFICE CLOSED	14
15 9AM SUNDAY SCHOOL 9:30 FELLOWSHIP 10AM WORSHIP	16	21	18 9:00-1:00 PM The Potters Hand Pottery Studio	19	20 OFFICE CLOSED	21
22 9AM SUNDAY SCHOOL 9:30 FELLOWSHIP 10AM WORSHIP DEDICATION OF PLEDGES	25	27	25 9:00-1:00 PM The Potters Hand Pottery Studio	26	27 OFFICE CLOSED	28
29 9AM SUNDAY SCHOOL 9:30 FELLOWSHIP 10AM WORSHIP	30	31				



Happy Birthday OCTOBER 2023

2nd Price Boyd

5th Charles Patterson

7th David Whitten

11th John Colvin

12nd Carol Creech

14th Courtney Green

15th Margaret-Ellen Jackson

17th DeAnna McNeil

16th Marv Price

19th Richard Christensen

28th Dot Vassar